

WEIGHTED

Walk

CARRY THE WEIGHT, CHANGE THE STORY

DEPAUL

Homelessness has no place

A SYMBOLIC FUNDRAISING EXPERIENCE THAT BRINGS YOUR SCHOOL TOGETHER

ie.depaulcharity.org

WEIGHTED

Walk

A GREAT BIG THANK YOU!

We really appreciate you taking the time to organise a sponsored *Weighted Walk* in aid of Depaul. We hope this guide will help you make it a successful and meaningful event.

In Republic of Ireland as of July 2026, official figures recorded **17,527 people in emergency accommodation** across Ireland, comprising **11,868 adults and 5,659 children**.

In Northern Ireland, there are currently **64,417 individuals** experiencing homelessness, with **over 4800 children living in temporary accommodation**.

Every Weighted Walk raises vital funds for Depaul to provide emergency accommodation, mental health support, and wraparound services.

Organising a *Weighted Walk* is a way to tell your community that homelessness is unacceptable and that you want to do something about it.

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THE DIFFERENCE YOUR WALK WILL MAKE

Organising a *Weighted Walk* raises vital funds which help people who are experiencing homelessness, to find long-term housing.

When Emma and her children were made homeless, it was the lowest she'd ever felt in her life. After two years of living in cramped temporary accommodation, she was really struggling.

That's when her key worker from Depaul stepped in, providing practical support, advocating for Emma, and coming up with a plan to move her young family into permanent housing.

Emma and her girls found their way home by Christmas of last year. Thanks to amazing supporters like you, they wake up in their own beds every morning feeling happy and safe.

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HOW IT WORKS

The Depaul *Weighted Walk* event aims to raise awareness and funds for the issue of homelessness.

The event is scheduled for Saturday, October 10th to coincide with World Homeless Day, but you can choose any alternative date if that doesn't work for you.

This event is flexible to your needs; you can complete your ***Weighted Walk*** as a group, at school, college, or local park. You can take part individually with your friends or family.

- **Confirm your school's participation:** Reach out to Depaul to register.
- **Receive your planning pack:** Weight guidelines, safety instructions, and everything you need to run the day.
- **Get excited:** We'll deliver branded merchandise, an orange drawstring bag for each student and fundraising packs ahead of your walk.
- **Choose your route:** Whether it's the school grounds, a local park, or a nearby beauty spot, stay safe.
- **Support the walk:** Encourage students to bring what fits their budget (e.g. €5/£5) on the day or school can lodge directly.
- **Complete your *Weighted Walk*** and celebrate with completion certificates, merchandise, and the option of a cheque presentation for the total raised.

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RAISING MONEY FROM YOUR WEIGHTED WALK

The easiest way to collect money is with a bucket collection on the day that Depaul can provide.

You also have the option to set up a fundraising page or donating directly to Depaul. This can be shared within your community, friend's groups, your whole school or organisation.

Talk to us today to get it set up for you and you can start sharing it straight away to raise awareness and drive participation in your ***Weighted Walk!***

The more people you ask, the more funds you can raise for vulnerable people experiencing homelessness. Included with this guide are some images you can use when setting up your fundraising page or when posting on social media.

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ROI Registered Office: Ground Floor, 5 Lamps, Amiens St,
Dublin 1, D01 A7V2. **ROI Charity Reg. 20048938 (CHY14753)**
NI Registered Office: 449 Antrim Road, Belfast, BT15 3BJ. **NI
Charity Reg. 102995 (XR87991)**

SENDING IN YOUR RAISED FUNDS



- 1. Donations can be made directly to <https://depaulireland.donorsupport.co/page/WeightedWalk2026> through school payment systems such as Aladdin or scan our QR code. Your donations will automatically be sent to Depaul.
- 2. Phone in your donation by calling Republic of Ireland 01 453 7111 or Northern Ireland 028 906 477 55 and use your card. Mention the Weighed Walk.
- 3. Arrange a bucket collection. Depaul can arrange a Depaul branded bucket.



4. Post in a bank draft, cheque or postal order to:

5. Lodge the donations directly to our account.
See details below: Reference: Weighted Walk 'Your Name'

Republic of Ireland	Northern Ireland	Republic of Ireland	Northern Ireland
Depaul Ireland 5 Lamps, Amiens St, Dublin 1, D01 A7V2	Depaul Northern Ireland 449 Antrim Road, Belfast, BT15 3BJ	Account Name: Depaul Bank: AIB, 101 Grafton Street, Dublin 2 Account No: 5280718 Sort Code: 93-12-33 IBAN: IE51AIBK93123355280718 BIC/SWIFT: AIBKIE2D	Account Name: Depaul NI Fundraising Account Bank: Danske Bank, Belfast Finance Centre, Belfast BT1 6JS Account No: 10222089 Sort Code: 950149 IBAN: GB60 DABA 95014910222089 BIC/SWIFT: DABAGB2B



Share your experience of the walk by posting photos and videos using the hashtag **#WeightedWalk** on social media.

Most importantly, have fun!

Make the event your own and make it memorable!

For more information contact
fundraising@depaulcharity.net

or call us on

Republic of Ireland 01 453 7111 or Northern Ireland 028 906 477 55.

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WORKING TOGETHER TO END HOMELESSNESS

Contact Chris from our Community Fundraising team,
email fundraising@depaulcharity.net or
call **+353 868394508** for more information

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